The first published use of the "Perceived Comfort Scale" was by Anderson, Anderson, and Deuser (1996) in a study of weapon and temperature effects, and in a series of studies currently in preparation for a chapter in the Advances in Experimental Social Psychology series. Researchers may use this scale free of charge for research purposes.

The current version of the scale has 10 items, some of which are reverse scored, as shown in the second version below.

We hope you find this scale useful in your research. I would love to see copies of your research papers that use this scale. Please send them to me at:

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Iowa State University
W112 Lagomarcino Hall
Ames, IA 50011-3180

Thank you!

Perceived Comfort Scale

This scale consists of a number of words that can be used to describe the conditions of a room. Read each item and then mark the appropriate answer in the space next to that word. Indicate to what extent you feel each word describes this room right now, that is, at the present moment. Use the following scale to record your answers.

1 2 3 4 5
very slightly a little moderately quite a bit extremely
or not at all

_____comfortable  _____cozy  _____miserable  _____painful
_____pleasant  _____restful  _____snug  _____soothing
_____stressful  _____uncomfortable  _____unpleasant
Perceived Comfort Scale

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<table>
<thead>
<tr>
<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>very slightly or not at all</td>
<td>1</td>
<td>a little</td>
<td>moderately</td>
<td>quite a bit</td>
<td>extremely</td>
</tr>
</tbody>
</table>

___comfortable   ___cozy       ___miserable*   ___painful*  
___pleasant      ___restful     ___snug         ___soothing  
___stressful*    ___uncomfortable*   ___unpleasant* 

*Item needs to be reverse scored. The asterisks are not present in the scale when presented to research participants.