Counseling Supervision Course: 596A
Fall, 2014
Time: 12:10 p.m. to 3:00 p.m. Wednesdays Lagomarcino 289
Instructor: Lisa Larson
Office hours: Tuesdays 1 pm to 3 pm

The first objective is for students to become knowledgeable about the supervision literature (i.e., supervisory relationship, supervision models, evaluation, different teaching formats and interventions, legal and ethical issues, ethnic and social class issues, gay and lesbian issues, women's issues as they pertain to supervision) and to be exposed to consultation. The second objective is for students to learn basic supervision skills in giving/receiving feedback to supervisees and to peers.

REQUIREMENTS

1. REQUIRED READINGS:
   b. Larson & Daniels, 1998; Larson, 1998

2. ATTENDANCE Class attendance is mandatory. Students who miss two or more classes will not pass the class.

3. EXAM There will be 1 essay exam covering the course content that will be a take home exam distributed the last day of class. It will be worth 50% of your grade.

5. EXPERIENTIAL COMPONENT: Experiential exercises will be a part of each class. Each of you will supervise 3 students who are currently taking 422L. The supervision consists of two 30-minute supervision sessions. The first supervision session will be weeks five and six. The second supervision session will be weeks nine and ten of the semester. The first supervisory session will be introductory and helping them prepare for the 20-minute mock role play they will do as the helper. The student’s classmate will be the helpee. The second supervisory session will be to provide feedback to the student regarding their helping skills performed during the role play. I will provide you with the names and contacts of the students. The mock role play and the supervisory sessions will be taped in the counseling rooms. The following are requirements for this component of class and will be graded as completed (100%) or not (0%).

   1. Make contact with supervisees via email and arrange time for session 1 which will occur during weeks 5 or 6 and for session 2 which will occur during weeks 9 or 10. The 422L instructors will provide room availability in the counseling rooms.
   2. Record both supervisory sessions (Tapes will be erased at end of semester.)
   3. Meet with all your supervisees during weeks 5 or 6 10%
4. During weeks 5 or 6, Watch all your 30-minute tapes. While watching, complete process notes – bring to individual supervision 10%

5. During week 7 class time, meet with Dr. Larson for 30-minute process session. Bring process notes with you for all supervisees.

6. Prior to class time for Weeks 8 and 10, watch one selected 30-minute session 1 from 3 classmates and complete the feedback sheet for each. They will indicate which one to watch 5%

7. Prior to session 2 in weeks 9 or 10, watch your supervisees’ 20-minute mock role play. (They will have completed the tapes in weeks 7 and 8. Tapes will be erased at end of semester.) Complete required 422L form and send form to instructor of 422L and Dr. Larson 10%

8. Before supervision in week 11, watch all your session 2 tapes and take process notes – bring to individual supervision 10%

9. During week 11 class time, meet with Dr. Larson for 30-minute process sessions. Bring process notes for session 2 for all supervisees with you.

10. Watch one selected 30-minute session 2 from 3 colleagues. They will indicate which one to watch 5%

11. Participate in group feedback

TOPICS AND READINGS (Weeks in Red are when you are meeting with your supervisees.)

<table>
<thead>
<tr>
<th>Date and Topic</th>
<th>Readings</th>
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<tbody>
<tr>
<td><strong>Week 1. August 27</strong>&lt;br&gt;Orientalation</td>
<td>None</td>
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<tr>
<td><strong>Week 2. Sept 3</strong>&lt;br&gt;How to do Supervision</td>
<td>Bernard &amp; Goodyear, Ch. 1; 6 (1, 8 - 2009)</td>
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<td><strong>Week 3. September 10</strong></td>
<td>Bernard &amp; Goodyear: Chapter 2 (4 – 2009); Rice, 1980</td>
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<td>Supervision Models:</td>
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<td>1. Some therapy-based models adapted to supervision:</td>
<td>Exs. Rogerian, Psychoanalytic, Cognitive Family Systems</td>
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<td>2. Supervision-based models</td>
<td>Ex. Developmental Models</td>
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<td><strong>Week 4. September 17</strong></td>
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<td><strong>Week 5. September 24</strong></td>
<td>Bernard &amp; Goodyear; Ch. 11 (3 – 2009), pp. 349 -357 (353-359 - 2009).</td>
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Week 6. October 1

Process approach to train supervisors
Remediating Skill deficits; Evaluation
Ladany, Friedlander, & Nelson, Chs. 1 - 2; Bernard & Goodyear; Ch. 10 (2 - 2009)

Week 7. October 8 Individual 30-minute supervision with Dr. Larson

12:10-12:40
12:40 – 1:10
1:10 to 1:40
1:40 to 2:10
2:10 to 2:40
2:40 to 3:10

Five more slots to be arranged for that week

Week 8. October 15
Remediating Skill deficits; Evaluation
Group process/feedback
Ladany, Friedlander, & Nelson, Chap. 2
Bernard & Goodyear; Ch. 10 (2 – 2009)

Week 9. October 22
Multicultural Awareness
Bernard & Goodyear; Ch. 5;
Ladany, Friedlander, & Nelson, Ch. 3

Week 10. October 29
Gender-related Misunderstandings
Group process/feedback
Ladany, Friedlander, & Nelson, Ch. 7

Week 11. November 5 Individual 30-minute supervision with Dr. Larson

12:10-12:40
12:40 – 1:10
1:10 to 1:40
1:40 to 2:10
2:10 to 2:40
2:40 to 3:10

Five more slots to be arranged for that week

Week 12. November 12
The Supervisory Relationship
Group process/feedback for 4 people
Bernard & Goodyear; Chs. 3 & 4 (6 & 7 – 2009)

Week 13. November 19 Consultation
Group process/feedback for 4 people
Psychological Consultation, Chs. 1, 2

Thanksgiving week no class

Week 14. December 3
Group process/feedback for 3 people
Psychological Consultation, Chs. 3 4, and 5
Week 15. December 10

Take home exam assigned Interventions Bernard & Goodyear Chs. 7-9 (9 – 11 – 2009)

Week 16. December 15

Take home exam due by Monday at 5 pm of finals week.