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The first published use of the "Escape Motives Scale" will be in a series of studies currently in preparation for a chapter in the *Advances in Experimental Social Psychology* series. **Researchers may use this scale free of charge for research purposes.**

The current version of the scale has 10 items, some of which are reverse scored, as shown in the second version below. Note that the version given to research participants is labelled "Current Motives Scale."

We hope you find this scale useful in your research. I would love to see copies of your research papers that use this scale. Please send them to me at:

Craig A. Anderson, Ph.D.  
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Iowa State University  
W112 Lagomarcino Hall  
Ames, IA 50011-3180

Thank you!
Current Motives Scale

The following are several verbs. Please indicate to what extent you feel like doing what they suggest right now. Although some may be impossible actions for you to do right now, please mark how much you feel like performing them.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td>very slightly</td>
<td>a little</td>
<td>moderately</td>
<td>quite a bit</td>
<td>extremely</td>
</tr>
<tr>
<td>or not at all</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

___ abandon ___ approach ___ avert
___ avoid ___ begin ___ confront
___ continue ___ delay ___ depart
___ desert ___ disappear ___ escape
___ evacuate ___ evade ___ exit
___ explore ___ extend ___ forsake
___ improve ___ listen ___ leave
___ move ___ persist ___ prolong
___ pursue ___ quit ___ release
___ relax ___ resign ___ retreat
___ vanish ___ withdraw
Escape Motives Scale

The following are several verbs. Please indicate to what extent you feel like doing what they suggest right now. Although some may be impossible actions for you to do right now, please mark how much you feel like performing them.

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___ abandon | ___ approach\(^c\) | ___ avert |
___ avoid | ___ begin\(^b\) | ___ confront\(^c\) |
___ continue\(^c\) | ___ delay\(^c\) | ___ depart |
___ desert | ___ disappear | ___ escape |
___ evacuate | ___ evade | ___ exit |
___ explore\(^c\) | ___ extend\(^c\) | ___ forsake |
___ improve\(^b\) | ___ listen\(^b\) | ___ leave |
___ move | ___ persist\(^c\) | ___ prolong\(^c\) |
___ pursue\(^c\) | ___ quit | ___ release |
___ relax\(^b\) | ___ resign | ___ retreat |
___ vanish | ___ withdraw |

Notes:  
\(^a\) The scale is labelled “Current Motives Scale” when given to research participants.  
\(^b\) Indicates a filler item not scored as part of the Escape Motives Scale.  
\(^c\) Items that are to be reverse scored.